

Appalachia volunteers depart

by Jeanne Kolker

Twenty-six Clarke volunteers will be giving their time during Holy Week to assist the people of Appalachia and Washington, D.C.

Sr. Marge Clark is the coordinator of the D.C. service trip and the students participating are: Jodi Kilburg, Jennifer Mulert, Deborah Wright, Kathleen Murphy, Christine O'Connor and Alisa Tomko. Jan Kilburg will help chaperone the trip.

This group will leave on March 25 to travel to D.C. where they will spend a week working and living at a homeless shelter and service agency run by the Community for Creative Non-Violence. This shelter is only blocks away from the Capitol building and it provides food and shelter for approximately 1,500 homeless people every day.

For the students, some of the week will be spent reflecting and praying with the

members of the Jonah House Community, people who nonviolently work against injustice and oppression of the poor.

"Out of this trip, I expect to get a deeper understanding of what it's like to be homeless, and I want to be able to see people as they truly are," said Mulert, a senior candidate for the service trip.

Wright, another student volunteer, has arranged to visit with an official to the vice president's wife, Tipper Gore, and meet

with an active director of the homeless program. Wright thinks this trip will "open me up to what the homeless go through, and it will best benefit my experience."

Kilburg's reason for volunteering is "to find a way to help solve the problem of homelessness and to get to know the people of D.C. and their stories."

As these students will be helping in Washington, D.C., another 19 volunteers will be in Harlan, Ky., working with the poor.

Sr. Kathy Carr, co-director of campus ministry, will lead these students on a trip that was started 14 years ago with only one student.

Harlan is in the southeast part of Kentucky where the coal mining industry is the major form of employment. In the last ten years, all the coal mines closed except for two, but these two are now so automated that it only takes 11 men to run one, whereas in the past, it took 200 men.

Because of the low employment rates, many people live in inadequate conditions and survive on welfare. Many homes are in disrepair and many people go hungry. That is where the Clarke volunteers come in. The group helps with home repair and painting and they do any odd jobs that will benefit those in need.

"We can't change the conditions or remedy the source of the problem because that is on the part of the state to try to utilize the money that comes from coal to improve the area. The money from the coal doesn't go to the places where it was mined," said Carr.

Fortunately, a law was passed in Kentucky two years ago that says by 1996, 50 percent of tax money is going to go back into the economy to help develop the counties that mine coal. This law gives to the poor that the situation will improve.

The volunteers try to help the situation in Harlan by offering a helping hand, doing whatever is needed. Because they are there over the Easter holiday, the volunteers prepare food boxes for families and they cook and decorate over 30 dozen eggs each year to give to families.

"We try to make life a little bit better for the people we work with and to educate ourselves so we will be more knowledgeable and active citizens when it comes to programs that will aid the poor," said Carr.

Juli Dunne, a student volunteer who went to Appalachia last year, said that the trip "made me realize how lucky I was and made me want to become more active in helping the underprivileged." She would encourage underclassmen to make this kind of a service trip because "it is one of the best things you can do while you are here."

The students who will be giving of themselves in Appalachia during Holy Week are: Nicole Ames, Lisa Bell, Justin Carney (student coordinator), Jill Clasen, Wendy Crawford, Stacy Franzen, Brad Huffer, Bonnie Johnson, Jennifer Kennedy, Nicole Lovell, Mimi Muhlbarger, Ruth Muhlbarger, Deb Mutza, John Nichols, Halligan Parks, Anne Schickert and Bob Wethal. Co-Directors of Campus Ministry Carr and Michelle Watters will be leading the trip.

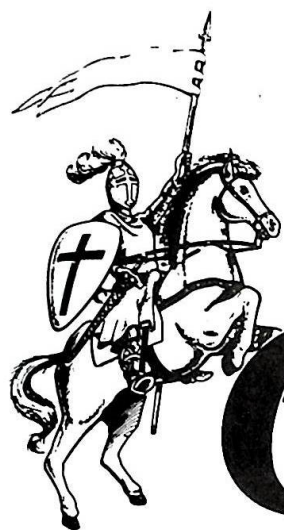
One student who will be taking the trip this year is freshman Jennifer Kennedy and she expects to "gain a deeper understanding of myself because I take things for granted. I want to see how other people live and how their reality is different from mine."

Justin Carney, student coordinator, also went on the trip last year. He thought the experience was "eye-opening and it had a profound effect."

Carr says that the students are most struck by the simplicity, faith and positive attitude of the people even though they are living in great poverty. It seems to have an intense impact on students because it makes poverty very personal.

Carr also encourages everyone to get involved on a local level. "There are many opportunities to make a difference in your community."

According to Carr, "We do make a difference. We treat the people with respect and let them know that we go to be with them, not to work for them. They find out that someone cares and knows that they exist, that we want to help them. We definitely receive far more than we give."



Clarke Courier

Volume LXVII

Issue 11

Dubuque, Iowa

March 25, 1994

AIDS Memorial Quilt displayed

Clarke hosts activities

by Carly Caris

"I hear babies cry, I watched them grow... they'll learn much more than I'll ever know... then I think to myself, what a wonderful world."

This was one of the first panels from the AIDS Memorial Quilt seen upon entering the Sacred Heart Chapel when it was held at Clarke College March 17-19. It seems quite strange to see a message so positive when there is obviously feelings of sadness and hurt intertwined into these panels. But it is by the death of these people that we can all learn what will become destiny if we are not aware of what is happening in our world.

"The quilt puts a name, a story, pictures and memories to a disease. It helps you remember," said senior Joel Moore, who helped coordinate the AIDS Memorial Quilt at Clarke, along with senior Sara Schumacher and Michelle Watters of Campus Ministry.

As the Names Project Foundation says, "It is stitched together with the tears and sorrow of those who have lost their family, friends, colleagues and neighbors... displayed with their hope, and their rage, in an effort to help everyone understand

and the effect AIDS has had on our lives."

The quilt was started by a man named Cleve Jones who searched for a way to make the public understand what he and his friends were going through. Others just wanted a way to express their grief. They came together in an empty Market Street store front, and that is where the AIDS Memorial Quilt began.

Word of the Quilt spread quickly. The gay and lesbian community and their friends were especially helpful in filling "wish lists" for supplies, volunteers and sewing machines. Awareness of the Quilt grew and so did participation. On October 11, 1987, the NAMES Project displayed the Quilt for the first time on the Capitol Mall in Washington, D.C.

So far, there have been more than 800 displays held, some of the entire Quilt some of only a few panels. The quilt is displayed to accomplish three goals, as told by the NAMES Project Foundation: "1) Illustrate the enormity of the AIDS epidemic by showing the humanity behind the statistics. 2) Provide a positive and creative means of expression for those whose lives have been touched by the epidemic. 3) Support the raising of vital funds and encourage support for people living with AIDS/HIV and their loved ones."

While Clarke hosted the AIDS Memorial Quilt, the names of the people with panels who have died of AIDS were read off at different intervals. There were also 21 balloons with the names of people who had died from AIDS.

Part of the activities at the display of the Quilt included a speech entitled "Living With HIV/AIDS" by Earl Alexander. Alexander is a 38-year-old married man with two daughters and has been infected for seven years. His wife and daughters are not infected. Alexander is very open and very positive. He uses humor along with facts when talking about HIV/AIDS.

He described his view of AIDS as this, "If you say you have a disease, you are associating yourself with death; when you say you have a dis-ease, you see life."

He openly talked about how HIV/AIDS has affected him as far as a job is concerned. When someone has T-Cell count below 200, they can file for disability. When he went for his disability interview, the worker asked if he could work. His response was, "Sure, but can you find an employer who

Continued on page 3



Sara Schumacher and Joel Moore, student coordinators of the Quilt at Clarke, and Earl Alexander, who is infected with the HIV virus, participate in one of the many activities held March 17 through March 19 in honor of the AIDS Memorial Quilt display in the Sacred Heart Chapel. (Photo by Don Andresen)

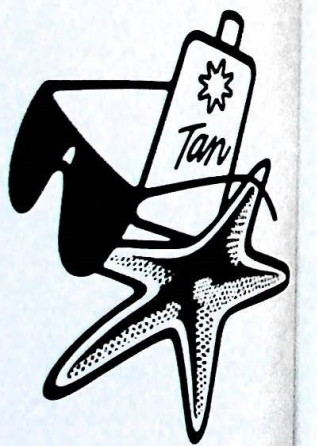
Olympians

certified member of the Professional Ski Instructors of America. Clarke's ski team competes in schools such as Northern Illinois University, University of Wisconsin, Marquette University and Northern Michigan University. The size of the team is a matter of the ability to ski the night now undefeated. "Being a volleyball sport just like basketball we have to draw the line," said Varsity Training for the team started Thanksgiving break and the season from January through March. Members practice every Monday and Wednesdays at the Chestnut Resort.

eyes of those around her. "I guess I want to change the world."

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Opinion

Letter to the Editor

Disabled access concerns addressed

Dear Editor,

I am a member of the grassroots committee which is concerned about making available all of Clarke's facilities to those for whom there is a restriction of access due to physical impairment. I also happen to be a member of that group known as "the administration." This unique status provides me the opportunity to provide information and clarity of understanding from both sides of the fence.

The administration is not only sympathetic to the problems of the disadvantaged person, but also pro-active in providing access to the physically impaired. In building the replacement facilities after the fire, the architects were directed to

design with the physically impaired in mind. A wheelchair bound student reviewed the plans as they were developed. Recommendations made by that student were incorporated into the plans.

At the same time, at the direction of President Dunn, the placement of the elevator within the new facilities and extensive remodeling of Eliza Kelly Hall made that building available to the physically impaired. The design of the new Kehl Center provides access for the physically impaired. Less noticeable changes have been made and continue to be made throughout the campus in order to meet specific needs. Currently, the college is in compliance with standards required by the

American Disabilities Act. And now, about the desired ramp (or lift) between Eliza Kelly and Catherine Byrne Halls.

The *Clarke Courier* article states: "In order to get a ramp installed, Bleile was told by the administration that she would have to raise half of the money and they would have to raise the other half."

1. I checked with "the administration" and could find no one who had issued such an ultimatum.

2. On February 25, 1994, I phoned Amy Bleile and learned that she denies saying "...In order to get a ramp installed, Bleile...would have to raise half of the money and they (the administration) would

pay the other half..."

3. Amy talked with some of her friends and a committee of faculty, staff and students was formed to help raise both awareness and money to assist with the project. Out of this committee came the rationale for a reserved parking place and initial discussion to sponsor a Disable Awareness Day.

4. On January 24, 1994, at a meeting of the grassroots committee, Mr. Jim Prince, vice president for business and finance, advised the membership that "...there is no money in the current budget allocated for the purchase and installation of a lift." Mr. Prince did say that such an expenditure would be in the range of \$18,000.

5. It was Amy's understanding that contractors had not been consulted but the fact of the matter is that, for over a year, the Director of the Physical Plant has gathered data regarding the lift and its installation and secured an estimated cost of \$18,000. The college also explored the feasibility of installing a ramp but there is insufficient space. Similarly, the college has begun inquiries regarding city code requirements in making any adjustments to a public thoroughfare which services the buildings.

While we are trying to resolve the CBH/EKH access problem, there remains the fact that the stairs in MJH prevent spontaneous visits to faculty offices on the part of a disabled individual. I know that the faculty are willing to and indeed, have met with students in locations other than Mary Josita Hall, the best current response for the present situation. I am confident that some residents in Mary Benedict Hall will invite Amy to visit their residence hall so she can see what a dorm room looks like even though she is unable to live on campus.

The thrust of this letter is to clarify facts. In addition to the above, we have begun contacting foundations to see if any will help fund projects such as ours. It is our plan to include in any foundation proposal the enthusiasm of the college community as demonstrated in projects completed and projects planned for the future. May we continue to work cooperatively for the betterment of the college community.

Sincerely,
Therese Mackin, BVM
Vice President for
Institutional Advancement

Editors' Note: The information provided in the article cited was considered to be factual when given to this newspaper.

Gospel choir to perform March 26

by Blanca J. Islas

Fifty members of a gospel choir from Milwaukee, Wisc., will perform a play called "Slave No More" at Clarke's Jansen Music Hall on March 26 at 2 p.m. This choir, Unity In The Community, was organized by Rev. Gerald Saffold and consists of high school students and adults. The high school students come from a variety of public and suburban schools in the Milwaukee area.

The choir has done other plays such as "I'm Ready For My Change" and "Rapture." The choir has also performed at places like the Mecca and The Performing Arts Center, located in downtown

Milwaukee.

One of the reasons Rev. Saffold does these plays is to promote youth positivity. Rev. Saffold is concerned about our youth today because he knows where they are headed and knows where they can go as far as education and being a positive role model. Rev. Saffold also loves and cares about everyone no matter who they are.

The choir was brought to the attention of CSMO from one of its members, Demetris McCoy. McCoy called Rev. Saffold to pick a possible date for them to attend Clarke. When a date was chosen, McCoy and the CSMO executive board

members got together to make plans and arrangements.

McCoy has known Rev. Saffold for almost five years and had this to say, "I know personally that he believes prayers will make a way out of no way. Rev. Saffold loves to see his choir perform and do a good job."

Everyone is welcome to attend this activity on Saturday, March 26, at 2 p.m. in Jansen Music Hall. The cost for the play for children under six are free, students \$2.50 and adults are \$5.00. After the play, CSMO will be sponsoring a dance in the cafeteria from 10 p.m. to 2 a.m.

Clarke Courier

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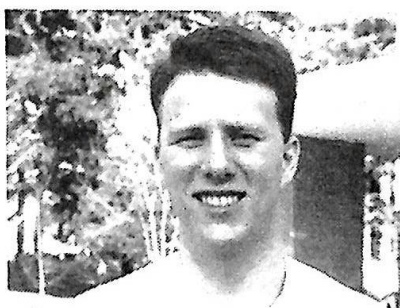
The *Courier* welcomes input from members of the Clarke community. Please send comments to P.O. box 1529, Clarke College. Letters must be signed and are subject to editing for space.

The *Courier* is a member of the Associated Collegiate Press and holds a first class rating from the National Scholastic Press Association.



You don't say...

QUESTION: Do you think there is enough AIDS awareness on the Clarke campus?



Chris Kolker
Senior

"Yes, I think Clarke College has an extraordinary amount of AIDS awareness programs for being a Catholic school. AIDS is such a strong issue."



Jennifer Steinhorst
Freshman

"I think that the AIDS Quilt was a wonderful idea! To be able to host something that shows how diverse this disease is was a good idea. I don't think enough people know that this disease affects more than two areas of our uals. I think there should be more workshops and lectures. AIDS is not selective as to who it chooses and I think we should be the same way. People are people no matter what!"

(Photos by Juan Camilo Tamayo)



Ken Lee
Junior

"I think that the Clarke community is very aware of the AIDS epidemic that is hurting our country. I also think that our community has been made even more aware by the efforts of the campus ministry department and its student leaders. Hopefully our community will remain aware of all of the different medical diseases that affect everyone of us in some form."



Grant Graff
Sophomore

"Yes, I think so because bringing the AIDS Quilt makes me aware that people at Clarke care. Moreover, if a small community like Clarke College sees of the world should have the understanding as Clarke does."

Announcements, Briefs and Coming Events

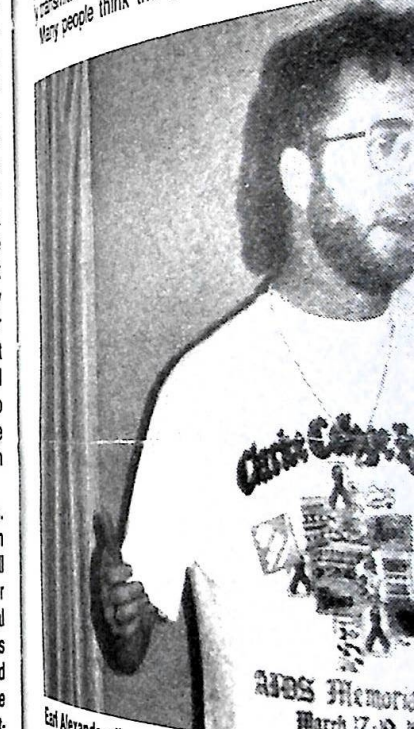
abc
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Heather Atkinson's BFA art exhibit is currently on display in the Quigley Art Gallery. The exhibit runs through Friday, April 1.

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Tania Pryputniwicz, a poet, will read her works in the Mary Josita Formal Lounge, Monday, March 28, at 7:30 p.m.

abc
On Tuesday, March 29, the High School Honors Jazz Band Festival Performance will be held in the Jansen Music Hall at 7 p.m.



East Alexander discusses his life living with the AIDS virus in the Campus Ministry Center on Friday, March 17.

Quilt

East Alexander went on to say that most people are frightened when talking about HIV and AIDS. He educates kindergarten through high school age students by playing guitar and telling stories.

The Quilt helps people in the grieving process. It's a way to remember... It's a way to say, "I'm here."

People have asked him why there isn't a quilt for cancer. He said, "Create one."

Dr. Frommelt, assistant professor of nursing at Clarke, was helpful in providing information about HIV/AIDS that everyone needs to know.

AIDS is Acquired Immune Deficiency Syndrome. You get AIDS by a virus that attacks the blood cells in the blood. The virus is in person's immune system and it spreads through sexual contact.

When you're cut, the virus can enter your body through a needle in drug abuse or from mother to child during pregnancy.

When You've Cut M...
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Feature

AIDS: Prevention is the only cure

by Darius White

What is this word, AIDS, we often hear in the news, newspaper and the media? AIDS stands for Acquired Immune Deficiency Syndrome, a disease in which the body's immune system breaks down. The immune system fights off other infections and other diseases. AIDS is caused by the virus called Human Immune Deficiency Virus (HIV). If HIV enters your bloodstream, you may become infected with the virus.

A person who is infected can infect others, even if no symptoms are present. You cannot tell by looking at someone whether he or she is infected with HIV. An infected person can appear completely healthy even when no symptoms are visible. However, anyone infected with the virus should be under a doctor's care.

Surveys have found the average age for girls in the U.S. to have sexual intercourse is 16 and for boys, 15.5. It is estimated that 2.5 million teens are infected with transmitted diseases (venereal diseases-VD) each year. The virus that causes AIDS is sexually transmitted.

Many people think that young people

don't get AIDS; that's not true. AIDS can affect anyone of any age, ethnic or racial background, whomever engages in behavior with an infected person that can transmit HIV. A person can be infected with the virus for 10 years before the signs of AIDS appear. Great numbers of these young people could have been infected when they were teenagers.

A person can become infected with HIV in three ways. 1) Having sexual intercourse, vaginal, anal or oral, with an infected person. 2) Sharing drug needles or syringes with infected people. 3) A mother can pass it to her unborn child.

HIV can be spread through sex, from male to female, female to male, or male to male. The virus may be in an infected person's blood, semen or vaginal secretions. It has been known to enter the bloodstream through cuts or sores on tissue in the vagina, penis or rectum and even in the mouth. These sores may be so small you may not even know they are there.

Experts are not completely sure about HIV transmission through French kissing, but scientists agree that it is unlikely to

happen.

Anal intercourse with an infected person is one of the ways the virus has been most often transmitted.

Many infected people have no current symptoms of the condition; therefore, it is hard to be sure who is or who is not infected with HIV. The more sexual partners you have, the greater your chances are of becoming infected.

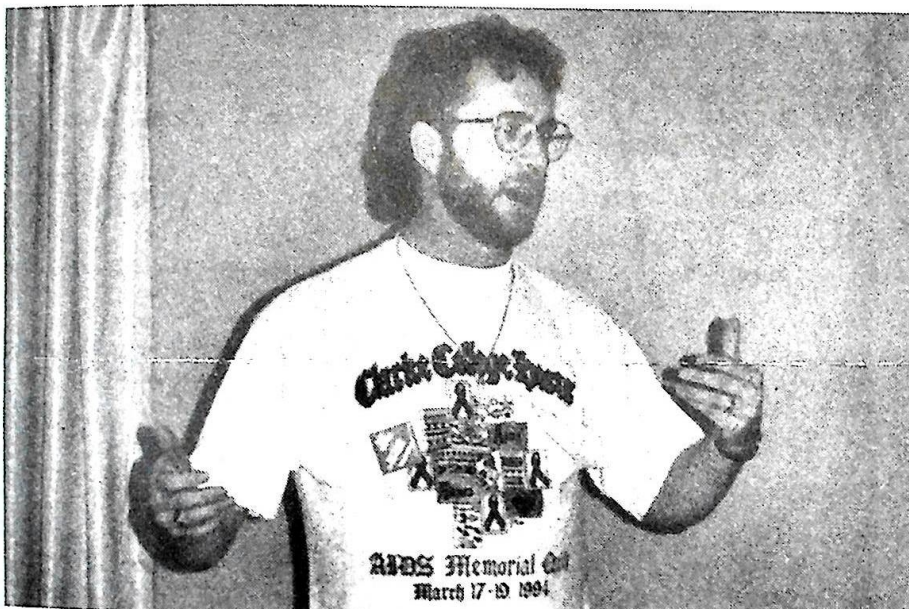
Sharing needles or syringes, even once, is a very easy way to be infected with the virus and other diseases. Sharing needles for IV drugs is the most dangerous way of needle sharing. Blood from an infected person can remain in or on a needle syringe and be transferred directly into the bloodstream of the next person who uses it. Sharing other types of needles also may transmit HIV and other disease. These needles are those used to inject steroids and those for tattooing or ear-piercing. If you plan to get a tattoo or plan to get your ears pierced, make sure it is done professionally.

You cannot get the virus from giving blood at blood bank centers. The needles used for blood donations are sterile and they are used once, then destroyed. You cannot catch the virus like a cold or flu.

Unlike flu and cold viruses, HIV is not fected people at school, work, home or anywhere else. Individuals will not obtain the virus from clothes, phones or toilet seats. It won't be passed from cafeteria forks, cups or other objects that someone who is infected has used.

A person will not acquire HIV from a mosquito bite because the virus doesn't live in mosquitos. People will not catch the virus from bedbugs, lice, flies or any other insect.

Many communities have valuable resources to inform young and old people about HIV infections and AIDS. Organizations, such as the American Red Cross, the March of Dimes, National Urban League, the Boy's and Girl's Clubs and your local Y.M.C.A. can tell how to get involved with public education, volunteer programs and fundraiser drives. To find out about the resources in your community, look for listings in the telephone book. Many community groups involved in the fight against AIDS operate on very low budgets and they depend heavily on you and the surrounding communities to donate money and time. The people of the community will greatly appreciate this.



Earl Alexander discusses his life living with the HIV virus during a speech held in the Campus Ministry Center on Friday, March 18. (Photo by Don Andresen)

...Quilt

will hire me?"

Alexander went on to say that most people are frightened when talking about HIV and AIDS openly; education, however, could stop this. He educates kindergarten through high school age students by playing guitar and telling stories.

"The Quilt helps people in the grieving process. It's letting go, remembering... It's like a war wall," said Alexander.

People have asked him why there isn't a quilt for cancer. He said, "Create one." Kay Frommelt, assistant professor of nursing at Clarke, was helpful in providing facts about HIV/AIDS that everyone needs to know.

AIDS is Acquired Immune Deficiency Syndrome. You get AIDS by a virus that attacks white blood cells in the blood. The virus attacks a person's immune system which is key in fighting off diseases.

AIDS is spread through sexual contact with an infected person, blood contamination from sharing needles in drug abuse and from mother to child during pregnancy, birth and breast feeding.

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AIDS is reportable in all 50 states although in 20 states it is not mandatory. 76 percent of AIDS cases come from there. It is one of three leading deaths for people 25-44. It is the seventh cause of death for people 15-24. It is one of the top 10 causes of death for one to four-year-olds.

Women, children and teenagers are the fastest growing population to contract the disease. College age students are the number one group being tested now.

Three times the number of people that died in the Vietnam War die in this country because of AIDS. Every seven minutes someone dies of AIDS, and every 10 minutes someone becomes infected.

"The quilt is a representation of our own lives as well as others. To stop phobias and discriminations we need education," said Frommelt.

And as one panel maker said, "I'll just take up my needle and make all my stitches in this tapestry with care and 'til the job is finished, I'll sew on."

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Tennis season underway

Despite what happens this season, the future holds great expectations for this year's team. The fact that the team is almost completely made up of underclassmen means that next year, Clarke will have young players to face the conference. The team shows a lot of enthusiasm and will be exciting to watch this spring.

Resident Camp is accepting applications for the following positions, season June 19 - August 7, 1994:
Counselors, lifeguards, swim/canoe instructors, equestrian instructors, Assistant Camp Director, Leadership Director, Crafts Director, Head Cook and Health Supervisor.
For an application contact: Little Cloud Girl Scout Council, Program Services Director, P.O. Box 26, Dubuque, IA 52004-0026 or (319)583-9169.

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Issue 10